

C-1446

Sub. Code

96011

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2023.**

**First Semester**

**Mental Health**

**INTRODUCTION TO MENTAL HEALTH**

**(2023 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 1 = 10)

Answer **all** questions.

1. Which one is not involved in mental illness \_\_\_\_\_.
  - (a) Hereditary factors
  - (b) Childhood experiences
  - (c) Changes in brain
  - (d) Rheumatic fever
  
2. Proneness to mental health is \_\_\_\_\_
  - (a) Extra affection to a child
  - (b) Quarrelsome family
  - (c) Poverty
  - (d) Heredity
  
3. A child would develop mental illness if one does not get \_\_\_\_\_.
  - (a) Affection
  - (b) Encouragement
  - (c) Guidance
  - (d) All the above

4. Which is mental disease \_\_\_\_\_
- (a) Tetanus                      (b) Neurosis  
(c) D-g Dependence      (d) Alcoholism
5. Which is not a mental disorder \_\_\_\_\_
- (a) Gout                              (b) Epilepsy  
(c) Neurosis                      (d) Psychosis
6. Which are intimately related?
- (a) Disease and health  
(b) Body and health  
(c) Body and mind  
(d) Body and spiritual values
7. Poor mental health increases the risk for long lasting physical conditions like \_\_\_\_\_.
- (a) Heart disease      (b) Stroke  
(c) Cancer                      (d) All the above
8. Mental health is a state of development of one's \_\_\_\_\_
- (a) Personality                      (b) Emotional attitude  
(c) Both (a) and (b)      (d) Intellect
9. In epilepsy, seizure is \_\_\_\_\_
- (a) Warming cry  
(b) Fit of convulsions  
(c) Loss of consciousness  
(d) All the above

10. Paralysis agitans is \_\_\_\_\_
- (a) Epilepsy
  - (b) Poliomyelitis
  - (c) Parkinson's disease
  - (d) Alzheimer's disease

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) What is mental health and importance of mental health.
- Or
- (b) Discuss the burden of mental disorders.
12. (a) Write about positive mental health.
- Or
- (b) Describe the concept and importance of mental health.
13. (a) What are the concept of stress and stressors?
- Or
- (b) Explain the role of religion in mental health.
14. (a) Write about national and international scenario.
- Or
- (b) Discuss the socio economic burdens in mental disorders.
15. (a) What are the prevention of mental health problems?
- Or
- (b) Write about the strategies of mental health.

**Part C**

(5 × 8 = 40)

Answer **all** questions.

16. (a) Write in detail about myths and misconceptions.

Or

- (b) What are the models of mental disorders?

17. (a) Write about habits that promote mental health.

Or

- (b) Explain about religion and mental health.

18. (a) Write in detail about impact of stress on body and mind.

Or

- (b) Explain – Stress management strategies.

19. (a) What are the burdens of mental disorders?

Or

- (b) Explain – Treatment gap.

20. (a) Discuss about salient features of mental health problems.

Or

- (b) Describe policy of mental health.

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C-1447

Sub. Code

96012

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2023.**

**First Semester**

**Mental Health**

**PSYCHOPATHOLOGY I**

**(2023 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 1 = 10)

Answer **all** questions.

1. What connects two hemispheres of the brain?
  - (a) Pons
  - (b) Pia matter
  - (c) Corpus callosum
  - (d) Diencephalon
  
2. Fluid filled cavity in the brain is called \_\_\_\_\_
  - (a) Matter
  - (b) Cavity
  - (c) Meninges
  - (d) Ventricles
  
3. Which part of brain controls emotion experiences \_\_\_\_\_
  - (a) pia matter
  - (b) Hypothalamus
  - (c) limbic system
  - (d) medulla oblongata

4. Which is not a symptom of ADHD?
- (a) inattention            (b) Impulsivity  
(c) Fidgeting            (d) Stuttering
5. Which of the following is symptom of hyperactivity
- (a) excessive sleepiness  
(b) watching a TV  
(c) eating a great deal  
(d) excessive or very loud talking
6. Which is a symptom of inattentiveness
- (a) lacking focus  
(b) being easily distracted  
(c) messiness  
(d) all the above
7. Anorexia nervosa typically begins in \_\_\_\_\_
- (a) early childhood    (b) adolescence  
(c) early adulthood    (d) late adulthood
8. People with anorexia nervosa are also frequently diagnosed with \_\_\_\_\_
- (a) depression            (b) anxiety  
(c) substance abuse    (d) All the above
9. Most children affected will receive an official medical diagnosis before the age of \_\_\_\_\_ years
- (a) 5                            (b) 6  
(c) 7                            (d) 8

10. ADHD is usually first diagnosed in
- (a) infancy
  - (b) childhood
  - (c) adulthood
  - (d) old age

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write the importance of interview.

Or

- (b) Define the skills in interviewing.

12. (a) What is learning disorder and its types.

Or

- (b) Explain the way of diagnosing childhood disorder.

13. (a) Define

- (i) Antisocial
- (ii) Borderline

Or

- (b) Write the way of diagnosing personality disorder.

14. (a) Describe Insomnia and its impact.

Or

- (b) List out the eating disorder.

15. (a) Write the concept of use and misuse.

Or

- (b) Explain : Caffeine and opiod.

**Part C**

(5 × 8 = 40)

Answer **all** questions.

16. (a) How to examine the person with mental illness.

Or

- (b) Write the case history taking and mental status examination.

17. (a) What is learning and motor skills disorders.

Or

- (b) Write the impact of Communication disorder.

18. (a) Explain the narcissistic personality disorder.

Or

- (b) Describe Management and its outcome in personality disorder.

19. (a) Explain : Breathing related disorder.

Or

- (b) Describe in detail eating and sleep disorders.

20. (a) Write the impact of Alcohol in disorder.

Or

- (b) Write in detail about Inhalants related mental disorders.

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